

The Marv's Meats Recipe Collection #14

Al's Italian Sausage Dinner

- 6 links – Marv's Italian sausage – any type
- ¼ cup olive oil
- 3 – bell peppers (any color), sliced thin
- 1 – yellow onion, sliced thin
- 8 oz. – mushrooms, sliced
- 1 jar – spaghetti sauce
- 1 lb – pasta

Pre-heat oven to 325°. Heat oil in a large skillet. Brown sausages on all sides, remove from skillet & cut into 1-2 inch pieces. Add peppers, onion & mushrooms to skillet & sauté until tender & they begin to brown – 8-10 minutes. Combine vegetables & sausage in a casserole dish coated with cooking spray, cover with spaghetti sauce & bake 1 hour. Serve over your favorite pasta. Serves 4.



MARV'S
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